



# ODYSSEYADVENTURE.UK

21 Kellet Close - Washington - Tyne and Wear - NE37 1NN Tel: 07971 006845

## Stoneycroft Ghyll Scramble · Important Information

Our meeting place will be outside The Royal Oak at Braithwaite, Keswick, CA12 5SY with another 5mins drive to the venue

The meeting times: 9:00 and 1:00

We will be in the water for 2-3 hours, where we will be jumping, sliding and abseiling (Xtreme) down the features and waterfalls, you could get cold so best have some food before we meet and bring something to eat and drink afterwards too.

We will provide you with a wetsuit, buoyancy vest, climbing harness (Xtreme) and safety helmet

You will need to bring the following kit:

A TOWEL  
BATHERS  
SHORTS WITH A STRONG BELT OR TIE CORD  
A CLOSE FITTING SYNTHETIC TEE SHIRT  
TRAIL SHOES OR TRAINERS

YOUR SHOES AND SHORTS MAY GET DAMAGED IN THE WATER

You will be required to sign an acknowledgement of risk form before the session starts, this is a normal requirement for outdoor activity sessions

Please pay your remaining balance by cash, cheque or online payment through our website:

You can also pay by bank transfer:

Sort code **60-08-45**

Account **68171846**

Please add your name as the payment reference

Please understand your payment is to book out our time and preparation so unfortunately we are unable to offer any refunds for cancelations or no-shows, if we need to cancel the session for any reason you will receive a full refund

I look forward to a fantastic session with you

Best regards

Ken

Owner - Odyssey Adventure